

Dear WORA Tryout Participants and Families,

Welcome to the 2026 WORA competitive tryouts for U14–U16AA and U14–U19A divisions. We are looking forward to a competitive and positive evaluation process for all athletes.

Please review the information below carefully to ensure your player is fully prepared and eligible to participate. This information will also be available on the [Tryout Registration Page](#).



Tryout Schedules

Tryout schedules for each division can be accessed at the links below:

- U14AA Tryout Schedule ([Link](#))
- U16AA Tryout Schedule ([Link](#))
- U14A Tryout Schedule ([Link](#))
- U16A Tryout Schedule ([Link](#))
- U19A Tryout Schedule ([Link](#))

Please note: All schedules are subject to change pending Ringette Ontario approval. Participants are responsible for checking schedules regularly for updates.



Registration & Player Intent (Required)

Players will not be permitted on the ice unless both of the following requirements are completed:

1. Completion of the Ringette Ontario 2026–2027 Player Intent to Tryout Form by March 16, 2026
2. Registration and payment through RAMP at least 48 hours prior to Tryout #1

The Player Intent Form is a mandatory requirement under Ringette Ontario's [Team Formation Policy](#) and determines player eligibility, association ranking, and movement between associations.

Players who do not already have a WORA tryout jersey set must purchase one during registration.

For registration-related questions, please contact the [WORA registrar](#).



How to Prepare for Tryouts

CORA has developed excellent preparation videos for both players and goalies. WORA follows a similar evaluation approach, and we strongly encourage all participants to review these in advance:

- Watch the [Player Tryout Prep Video](#)
- Watch the [Goalie Tryout Prep Video](#)



Tryout Format & Evaluation Criteria

Tryouts 1 & 2 – Skills & Drills

Evaluations will be focused on:

- Skating (forward, backward, crossovers, agility)
- Ring Control (passing, stabbing, deking, possession)
- Defensive play (checking, coverage, positioning)
- Offensive play (shooting, scoring, positioning)

Evaluation of offensive and defensive play is based on performance in those situations and not on the player's listed position.

Sample drills may include:

- Warm-up drills (tight turns, circles, etc.)
- The Finland
- The Raven
- 1-on-1, 2-on-2, 3-on-2, 3-on-3

Drill lengths may vary depending on evaluator readiness.

Tryout 3 – Intrasquad Game

Players will be assigned to the position indicated during registration. Evaluations will focus on:

- Game pace and awareness
- Decision-making and adaptability
- Overall performance

Tryouts 4 & 5 – Exhibition Games

Players will participate in exhibition games against other associations. These sessions allow evaluators to assess performance in a full-game environment and gather additional information to support final team decisions.

Ice time may vary based on evaluation requirements; however, all players will be provided with a fair opportunity to be assessed.



Evaluation Process

All players will be evaluated using standardized criteria by multiple evaluators to ensure a fair, consistent, and unbiased process. Evaluations are conducted in accordance with Ringette Ontario's Team Formation [Policy](#) and [Procedure](#).



Player Releases & Team Offers

Releases may occur throughout the tryout process as evaluators gather sufficient information to make fair and informed decisions. This may begin after early sessions depending on registration numbers. If a player is not offered a spot on the team, the “Roster Spot Not Offered” form will be used to notify the player via email, as per [Ringette Ontario’s Team Formation Procedures Manual](#).

Please note:

- When sessions occur on consecutive days, communications may be sent late in the evening or early the following morning
- When there is a break between sessions, communications will typically be sent the following afternoon

Final team selections will be made following the last exhibition game. If a player is being offered a roster spot, the “Roster Spot Offered” form will be used to notify the player via email. The player has 48 hours to respond, in writing, to accept or decline the offer. Failure to respond within 48 hours will be considered a declined offer.



Evaluation Progression

As evaluations progress, some players may be identified as highly ranked. In certain situations, participation may be adjusted to allow further assessment of other players still under consideration. All decisions will follow Ringette Ontario evaluation standards and fairness principles.



Out-of-Association (OOA) Players

WORA welcomes Out-of-Association players. All selection decisions involving OOA players will strictly follow Ringette Ontario Team Formation Policy, including player intent rankings and inter-association movement guidelines.



Conflicts with Other Associations

If a player has a conflict with another association’s tryouts, it is the responsibility of the family to notify the WORA Competitive Director in advance.

WORA will work collaboratively with other associations to support fair evaluation opportunities for all players.



Communication During Tryouts

During tryouts, the most efficient way to address questions is to speak directly with the Competitive Director, Barry Gorham, at the rink. You may also contact him via email competitive@westottawaringette.com. Please note that response times may be delayed during the tryout period due to volume.



Code of Conduct & Ethics

All participants and families are expected to adhere to the [Code of Conduct & Ethics](#) throughout the tryout process. We ask everyone to contribute to a respectful, positive, and safe environment.

If concerns arise:

1. Speak with the Competitive Director
2. Escalate to the WORA President if required

Ringette Ontario supports associations during team formation and manages all formal appeals. Any appeals must follow the process outlined by Ringette Ontario.



Thank you for your attention to the information above and for your cooperation throughout the tryout process. We look forward to a great tryout season and wish all participants the best of luck.